
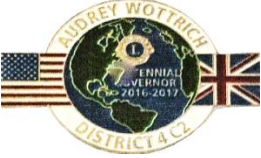


“THE BLUE PRINT”

Official Bulletin of District 4-C2 Lions

District Bulletin Editor Andy Erickson		JULY 2017		Volume # 16 Issue #12	
<p>District Governor Audrey Wottrich Audrey_wottrich@yahoo.com</p> <p>IP Dist Gov. Phyllis Rogers Rogers vc@sonic.net</p> <p>1st VDG Les Mize lmize@fbp.com</p> <p>2nd VDG Barry Bialkoski Barryb64@comcast.net</p> <p>Cab. Sec. Cyndi Wainwright Mck1962lions@aol.com</p> <p>Treasurer: Alisha Clark alishaclark@sbcglobal.net</p> <p>Chaplains: Vicki McCartney 123vickit@comcast.net</p> <p>GLT Coordinator Barry Fredenburg PDG barryfr@hotmail.com</p> <p>GMT Coordinator Sandra Stevens Sandra@smstevens.com</p>		<p>District Governor 2016 - 2017</p>  <p>Audrey Wottrich</p> <p>CARRY ON SERVING</p> 		<p style="text-align: center;">LIONS INTERNATIONAL OBJECTIVES</p> <p>TO CREATE and foster spirit of understanding among the people of the world.</p> <p>TO PROMOTE the principles of good government and good citizenship.</p> <p>TO TAKE an active interest in the civic, cultural, social and moral welfare of the community.</p> <p>TO UNITE the clubs in the bonds of friendship, good fellowship and mutual understanding.</p> <p>TO PROVIDE a forum for the open discussion of all matters of public interest; provided, however, that partisan politics and sectarian religions shall not be debated by club members.</p> <p>TO ENCOURAGE service-minded people to serve their community without personal financial reward, and to encourage efficiency and promote high ethical standards in commerce, industry, professions, public works and private endeavors.</p>	
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Any spelling, punctuation, or typographical error found in any document does not in any way change or eliminate the intent of the document



DISTRICT 4-C2 CONVENTION
MINUTES
MAY 25 – 28, 2017
Red Lion Hotel, Redding, CA

THURSDAY, MAY 25, 2017

PDG BBQ – Approximately 42 Lions and guests enjoyed the hospitality and BBQ hosted by eight Past District Governors.

FRIDAY, MAY 26, 2017

- Registration and election certification was open from 1 p.m. to 4 p.m.
 - Registration – Marjean O’Neill, Diane Zimmer, Roberta Medeiros and Wanda Ball
 - Election – Veva Stone and PDG Warren Oglove
- The PDG’s met from 3 p.m. to approximately 4:30 p.m.
- Hospitality was hosted by the Rio Vista Lions club.
- Dinner was served at 7 p.m.
 - A total of 86 Lions and their guests were in attendance.
 - Light music was played during dinner by Sylvia the Pianist.
- Invocation was given by Chaplain Vicki McCartney
- Keynote speaker was PID Dana Biggs
- DG Audrey Wottrich handed out several awards to deserving Lions in the district.
- PDG’s John Posey and Barry Fredenburg presented awards given by the PDG committee.
 - Melvin Jones – Andrew “Andy” Erickson for his many years of dedicated service.
 - LEF of Cal/Nevada’s Don Stanaway Fellow – DG Audrey Wottrich, CS Cyndi Bainbridge/Wainwright and Charles “Mike” O’Neill

SATURDAY MORNING, MAY 27, 2017

- Registration and election certification was open from 8:30 a.m. to 12 p.m.
 - Registration – Marjean O’Neill, Diane Zimmer, Roberta Medeiros and Wanda Ball
 - Election – Veva Stone and PDG Warren Oglove
- Call to Order by Convention Chair PDG E. “Paul” Ball at 9:15 a.m.
- Invocation given by Chaplain Vicki McCartney
- Pledge was led by 1st VDG Les Mize
- Song – *My Country ‘Tis of Thee* and *God Bless America* was led by PDG Marty VanZandt
- 1st VDG Les Mize introduced DG Audrey Wottrich
- DG Audrey Wottrich welcomed all in attendance and introduced her guests, PIP Bill Biggs, PID Dana Biggs, 4-A2 DG Al Kroell and his wife Christy, 4-C1 PDG Larry Marcum and his wife Ida. The PDG’s in attendance were also recognized. Doug Weber (1973-74), Claude Schwarz (1981-82), Warren Oglove (1995-96), E. “Paul” Ball (1997-98), John Posey (2007-08), Barry Fredenburg (2008-09), Marty VanZandt (2009-10) and Warren “Buck” Larson (2014-15). Also introduced: 1st VDG Les Mize and 2nd VDG Barry Bialkoski.
- The business meeting was opened at 9:45 a.m.
- Treasurer’s Report was given by Alisha Clark-Kilgore for July 1, 2016 through May 25, 2017.
 - Accepted as presented after questions from PIP Bill Biggs regarding reserve accounts.
- Minutes of the February 18 cabinet meeting were read by Cyndi Wainwright.

- Accepted as presented.
- Roll Call was performed by Cyndi Wainwright. A total of 72 Lions from 23 clubs and six visiting Lions from other districts were in attendance.
- Constitution & Bylaws Chairperson Charles “Mike” O’Neill stated that there were no proposed amendments to be voted on this year.
- 2nd VDG Barry Bialkoski spoke on behalf of Redwood Lions Memorial Foundation (RLMF). He stated that RLMF is a 501(c)3 that is working in coordination with the clubs in the district. He presented a \$2,000 check to DG Audrey Wottrich for the District Spot account.
- Budget and Finance Committee Chairperson Jaymie Kilgore presented the proposed 2017-2018 budget. She stated that it is basically the 2016-2017 budget with a couple of tweaks that VDG Les Mize requested.
- Lion Ida Marcum gave a wonderful presentation on the “Life and Accomplishments of Helen Keller”.
- PIP Bill Biggs was called upon for an update on Lions International. PDG Buck Larson was called on to assist with the update. New program to focus on next 100 years is **LCI Forward**. Next primary focus of LCI will be diabetes awareness. There is a new member orientation with an 8-point program along with a member retention program. PDG Buck encourages the district to have at least 10 Lions to attend the Lions Leadership Institute. More members need to be involved in the technology and social media aspect of promoting Lions.
- PIP Bill Biggs recognized Lions Jaymie Kilgore and Cindy Lemas-Gillespie as potential future leaders for the district.
- DG Audrey Wottrich stated that there were 16 Lions from our district that attended the Lions Leadership institute this past year. PDG Barry Fredenburg stated that there were pamphlets on the tables for the next Lions Leadership Institute, which will be in Portland, Oregon.
- Short Recess from 11:15 a.m. to 11:30 a.m.
- Convention Opened by DG Audrey Wottrich at 11:35 a.m.
- Nominations:
 - 2nd VDG nomination letter for Charles “Mike” O’Neill was read by Cyndi Wainwright.
 - Cotati President Art Zimmer – Nominated
 - Cotati Secretary/Treasurer Rocky Burks – Seconded
 - 1st VDG nomination letter for Barry Bialkoski was read by Cyndi Wainwright.
 - Santa Rosa Host member PDG Claude Schwarz – Nominated
 - Santa Rosa Host member Deanna Byrne – Seconded
 - DG nomination letter for Leslie “Les” Mize was read by Cyndi Wainwright.
 - San Rafael Las Gallinas President Cameron Case – Nominated
 - San Rafael Las Gallinas member John Hammond – Seconded
- Recessed for Food Faire at Noon with a Rubber Duck race at 2:00 p.m.

SATURDAY EVENING, MAY 27, 2017

- Cabinet Officers met with DG Audrey Wottrich at 4:00 p.m.
- Governor’s Toast with Cabinet Officer’s and PDG’s at 6:00 p.m.
- Grand March with PDG Barry Fredenburg as Master of Ceremonies at 6:30 p.m.
- Dinner was served at 7 p.m.
 - A total of 86 Lions and their guests were in attendance.
 - Light music was played during dinner by Sylvia the Pianist.
- Invocation was given by Chaplain Vicki McCartney
- The Credential report was given by Credential Lead member Veva Stone.
 - A total of 38 clubs were eligible to vote. There are 34 delegates and 8 PDG eligible to vote in tomorrow’s election for a total of 42 eligible votes.
- Keynote speaker was PIP Bill Biggs
 - Presented Friendship banners to assorted attendees.
 - Asked all those who have served our country in all branches of services to stand and thanked

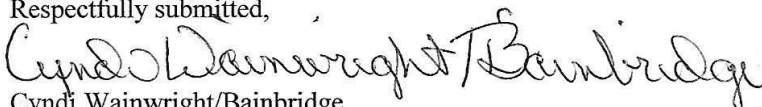
them for their service.

- DG Audrey Wottrich and PIP Bill Biggs presented awards to various Lions in the District.
- The Student Lion of the Year award was presented to Elizabeth Wainwright from the McKinleyville Lions club.
- The Leo of the Year award recipient: Enrique Lopez-Cisneros of the Ferndale Lions club.
- Certificates were presented to the Region Lion of the Year recipients: Beverlee Block – Sonoma Region, Jason Miller – Delta Region, Matt Lewis – Marin Region, Jaymie Kilgore – Lake/Napa Region, Ann Mixer – Humboldt Region, Bob Pounds – Mendocino Region.
- The recipient of the District Lion of the Year: Beverlee Block.
- DG Audrey Wottrich was presented with a Melvin Jones Fellow from clubs and members of District 4-C2. CS Cyndi stated that, as of Thursday, May 25, funds have also been received to award DG Audrey with her first Progressive award as soon as the paperwork is completed.

SUNDAY MORNING, MAY 28, 2017

- Polls opened at 7:00 a.m.
 - Election committee Joyce Erickson and Rocky Burks. Robert Zie was the observer.
- Chaplain Vicki McCartney led the District Memorial Service for the 34 Lions from 22 clubs who passed away this year.
- PDG E. “Paul” Ball reconvened the convention at 10:00 a.m.
- Red Lion manager, Felicia McAbee welcomed all attendees and shared future plans for the Red Lion in Redding. She stated that they look forward to hosting the 2017-2018 Convention. DG Audrey Wottrich and PDG E. “Paul” Ball presented Felicia McAbee with a Certificate of Appreciation for the hotel.
- Convention Chairperson PDG E. “Paul” Ball gave the convention report. Attendance was very good, considering that the convention was held on Memorial Day weekend. We met all the commitments of the contract with the Red Lion Hotel.
- Food Faire Chairperson Gil Medeiros gave the food faire report. There was a total of six clubs that participated. Rio Vista won the Best Booth award. Sandra Stevens won the Best Female Costume award. Charles “Mike” O’Neill won the Best Male Costume award.
- Duck Race Chairperson Cindy Lemas-Gillespie stated that James Fitzgerald won the Duck Race.
- The Election Results were given by Election Lead member Joyce Erickson:
 - There were representatives from 21 clubs that cast a total of 40 votes. Results as follows:
 - District Governor – Leslie “Les” Mize – Elected unanimously
 - 1st Vice-District Governor – Barry Bialkoski – Elected with one abstention
 - 2nd Vice-District Governor – Charles “Mike” O’Neill – Elected unanimously
 - 2017-2018 District Budget – Approved unanimously
- DG Audrey Wottrich, Bulletin Editor Andy Erickson and City of Hope Chairperson Marge Pardini presented various awards to deserving Lions.
- Acceptance speeches were given by District Governor Elect Leslie “Les” Mize, 1st Vice-District Governor Elect Barry Bialkoski and 2nd Vice-District Governor Elect Charles “Mike” O’Neill.
- Closing remarks: DG Al Kroell spoke about his journey into Lionism and what it has meant to him. DG Audrey Wottrich thanked those in attendance and those who helped to make this convention a success.
- Convention adjourned at 11:10 a.m.

Respectfully submitted,



Cyndi Wainwright/Bainbridge
Cabinet Secretary

- Hello Fellow Lions,

Guess what? It is me again. :) This is one of the last few emails that you will be receiving from me as my term ends on June 30.

I hope that I have not been too much of a pest. :)

I have attached the minutes from the convention for all to review. We had a wonderful time and I feel that it was a great send off for DG Audrey.

I have truly enjoyed serving as your cabinet secretary and I have done my best to make sure that everyone has been in the loop with District information.

Please let me know if you have any questions,

CS Cyndi

Audrey, Les, Barry B. and Mike.... This is a correction from the previous set. I forgot to mention that DG Audrey received her Melvin Jones award. And, as soon as her doggone secretary completes the paperwork, she will also be receiving her first Progressive!!! Thank you to all of the clubs and individuals that donated to the Melvin Jones and Progressive. She was absolutely surprised and it could not have gone to someone more deserving.

*For a job
well done!*



Resolution No. 2017-116

RESOLUTION OF THE SOLANO COUNTY BOARD OF SUPERVISORS RECOGNIZING THE 100th ANNIVERSARY OF LIONS CLUBS INTERNATIONAL AND THEIR CONTINUED VOLUNTEERISM AND COMMUNITY ENGAGEMENT ACROSS SOLANO COUNTY

WHEREAS, Lions Clubs International was founded in June 1917 by Melvin Jones and other Chicago businessmen to benefit their community. The organization's first meeting was held June 7, 1917 in Chicago, Illinois. The name "Lions" was chosen as a symbol of strength and courage and later was said to stand for: Liberty, Intelligence, Our Nation's Safety; and

WHEREAS, in 1925, an advocate for the disabled named Helen Keller attended the Lions Clubs International Convention and challenged their membership to become, "knights of the blind in the crusade against darkness." Today, Lions Clubs International is perhaps best known for its efforts to fight blindness and restore eyesight, however, the organization offers health programs to benefit those with hearing impairment, as well as a diabetes awareness program; and

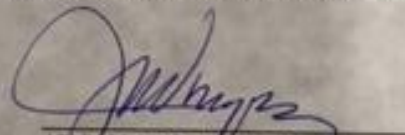
WHEREAS, the long history of Lions Clubs International members helping their communities through philanthropy and volunteerism include: transforming a Michigan farmhouse into a school to train guide dogs for the visually impaired in 1939; the launch of youth clubs in 1957; the establishment of the Lions Clubs International Foundation in 1968, an organization which has given more than \$826 million in grants; partnering with The Carter Center to address river blindness in Africa and Latin America in 1995; the direction of more than \$15 million in relief funds for South Asia following a 2004 earthquake and tsunami; the award of their 10,000th grant and 148 millionth dose of Mectizan administered to treat river blindness in 2011; and the launch of their global Centennial Service Challenge in 2014, an effort to serve 100 million people across the globe; and

WHEREAS, according to the organization, there are more than 1.4 million Lions Clubs International members across roughly 46,000 clubs. Lions Clubs International distinguishes itself as the world's largest service club organization with members in more than 200 countries and geographical areas around the world. In Solano County, Lions Clubs International members have formed clubs in Dixon, Rio Vista, Vacaville, Fairfield, Vallejo and Benicia.

NOW, THEREFORE, BE IT RESOLVED, that the Solano County Board of Supervisors hereby recognizes the 100th anniversary of Lions Clubs International and their continued volunteerism and community engagement across Solano County.

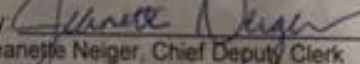
Dated this 6th day of June, 2017





JOHN M. VASQUEZ, Chair
Solano County Board of Supervisors

ATTEST:
BIRGITTA E. CORSELLO, Clerk
Solano County Board of Supervisors

By 

Jeanette Neiger, Chief Deputy Clerk

SOLANO LIONS



FORTUNA EEL RIVER LIONS

I have attached the photos of the Flag Day program at Ambrosini Elementary School.

Bob and I think that both of the Flag Day programs went very well. We truly enjoyed assisting and we very much look forward to seeing you guys continue this and make it an annual program for the Fortuna Elementary schools. We have enjoyed doing this presentation for many years and really enjoy seeing the looks on the children's faces when they see all of the flags. :) We would like to thank Jeff, Monica, Andy, Joyce and Forrest for being there for both programs and stepping in. You guys did an awesome job. Let us know if you have any questions and we are happy to share any of the information that we have with you. I have several of the photos of the satellite that Bob used. They are laminated so if you guys would like to incorporate any of the space stuff in there, we can give that to you as well.

Looking forward to partnering with you guys more,

Bob and Cyndi

The club would like to thank Cyndi and Bob Wainwright and McKinleyville members helping us with this project

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FORTUNA EEL RIVER LIONS



All the 3rd Grade children received a small U.S. Flag with the history of the flags.

School is looking forward to next year's Flag Day



Meet our newest member, Lion Murice Marinez

SANTA ROSA HOST LIONS



Presidents Message

Dear Lions,

Our club was well represented at the Redding Convention; congratulation to Lion Sandra for best Roaring 20's Flapper Costume; Lion Susan Childers for Visitations and PDG Claude for best bulletin! Thanks to Lion Dee Dee for her great decorating ideas—our booth looked awesome! Not sure how we lost out on best decorated booth, but somehow the Rio Visa Lions took the money home. Lion James did a great job with the raffle (as always).

It has been a honor and privilege to be your President this year. I've learned so much from all of you. We have very deep roots; many amazing Lions in this den that work unselfishly and share their talents and valuable time with those in need. I'm very proud to be a part of this club. When I hand the gavel over to Lion Bob on 6/20/17, I do so with confidence, knowing the new Lion year ahead will be a great one!

Thank you for all your hard work and dedication this past year. I am forever grateful to all of you!

Thanks to your generosity - CHICAGO HERE I COME ☺ I am so looking forward to attending the 100 year Lions International Convention!

Yours in Lionism,

Lion President Vicki



The picture is a bunch of our Lions decked out in their “roaring 20’s” outfit. They really had a good time in their outfits. See if you can recognize the Lions from our club. There are 8 of them in this picture.



**The picture is of our “dug out” for the “food Faire”.
Our Lions did a fine job on this one!!!**

Here are the pictures from our “roaring 20’s” night. As you can see-all of our Lions are enjoying themselves. I was amazed at some of the “costumes” Who is that lady in the blonde hair??? And the 2 ladies who are smoking those long cigarettes??? Those ladies are “smoking!!! And how about the blonde lady singing, who can that be??? Seriously though, we all had a great time and hope you will think about joining us at the next convention.....



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Lion President Vicki and Lion Susan receiving the award for Top Visitations in the district.

Check out
CLUB WEBSITE: santarosa-lions.org

Redwood Empire Lions Club

My fellow Lions, we notch our belts with another month closed from 2017. During the month of May we added “Taco Crew” to our resume, we didn’t seem to have a large serving but we gained some knowledge of meat cooking time, and tortillas cook-ing (Thank you Marlin) Thank you to everyone that attended and helped with cooking and clean up.

Student Speaker update Indigo- Exciting news our speaker (RELC sponsored Him) has been on fire and has been winning every contest, and WON The District Speaker Contest!! On May 20th he won again this kid is amazing and his speech is 100% on point. The latest is that Indigo has won the BIG ONE, at the MD4 Council of Governor’s Meeting on June 3rd.

This means that in all he has won \$21,000.00 in scholarships and \$500.00 in cash. We are so proud of him. This is the first time that one of our sponsored students has won at this level.

Annual Club dues- The Board has voted to increase our club dues to \$90 per year, we felt this would help serve the club better to help offset funds in the Admin Account.

CHP Explore- The club voted to issue check for 500.00 to this group of Local kids to compete in national explorer competition in Sacramento, we are looking for a long term relationship with this organization.

Ramp team- Fred has been working on metal plackets to attach to the Ramp showing RELC owner-ship of them. If you have any de-sign request or need update on them please contact Fred to check on the status. Thank you Fred for taking this on.

~Chavez out!

I’ll leave you with this quote:

“What a wonderful life I’ve had! I only wish I’d realized it sooner.

Colette

Sheryl and I went to the District 4-C2 Convention in Redding on May 26th. What a wonderful weekend we had. On Saturday night a lot of the Lions wore 1920's costumes, including our own Lion Sheryl. We also got to take part in the Grand March that night and listened to PIP Bill Biggs give us an inspirational speech. Sunday morning during our breakfast, Governor Audrey gave out the awards; our Club won the Top Club Contest for the "B" section, I won a Certificate for our Club Newsletter. Certificates of Appreciation were given out to Fred chairing for Zone 1, Sheryl for chairing Region Mendocino 2, PDG Julio for chairing the City of Hope and one for Marge for co-chairing the City of Hope with Julio. So you see that our club got a lot of recognition at the Convention. June 2nd was a memorable night for our club. At the Greater Ukiah Chamber awards dinner out at Mendocino College the Redwood Empire Lions Club was awarded the Non-Profit of the Year Award. We were also given Certificates from Congressman Jared Huffman and Assembly member Jim Wood; which means that our club name is now known in Sacramento.

On June 13th PDG Buck Larson is coming up from Cloverdale to my house to do an Orientation for our five new members, Keith, Julene, Tracy, Joe and Linda. It is important for them to learn about Lionism as soon as possible. If anyone else would like to attend, just let me know.

I am including photos on this page of the two important events that happened recently; indigo winning the MD4 Student Speaker Contest and the Club winning the Non-Profit of the Year from the Chamber of Commerce.



Marge, Indigo & Sheryl

Las Gallinas Lions Club

Las Gallinas Lions join Lions in Sight Mission to Cabo San Lucas, Mexico

Six Lions from Las Gallinas Lions Club (Dolores Cuerva, Graham Forder, John Hammond, Shirley Johnson, Dave Mitchell and Bill Seawell) carrying two SPOT cameras travelled to Cabo San Lucas to serve as technicians at a Lions in Sight (LIS) Mission on May 19 and 20. We were hosted by Angela Medina, Presidentadel Club de Leones, Cabo San Lucas and her husband Julio. The club, which has about 25 members, organized the event including the location, advertising and staffing (for registration etc.).

Over the course of the two days we joined four volunteer doctors (including Dr. John Demshar, who was the lead doctor in our 2015 Clinic in San Rafael) in examining and helping 670 patients, and providing (for free) approximately 625 pairs of eyeglasses (which had previously been shipped from the LIS Warehouse in Vallejo).

Although Cabo San Lucas is well known for its resorts, you do not have to travel very far away from the tourist areas to see the poverty which permeates the region. As in previous missions we were struck, on the one hand by the needs of the people, and on the other by their warmth, graciousness and appreciation for the services we provided.

Each of us has our own stories to tell about the rewards of this kind of service. One example we had was a boy of 14 who had his right eye badly damaged by a thrown rock when he was six. The techs tried several conventional solutions, but it was Dr. John who came up with an out-of-the-box solution which worked and it was so heart-warming to see the smile on the boy's face as his vision was suddenly improved!

This was another great LIS experience - we all recommend it to others.



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Please take a moment to update your information.

[View this email in your browser](#)



Hello,

It is me again. I just received the email that I sent out for the Blue Print and actually scrolled down to the bottom. Imagine that!!! :)

At the bottom, there is a spot where each person can go in to [update subscription preferences](#). I have been trying to update the district's email address book by associating names and clubs with all 310 addresses. When I first began this task, there was only a handful of those email addresses that had a name attached.

I would like to ask you to take a moment to help me out. If you could click on the [update subscription preferences](#) at the bottom of this email, I have been putting first and last name in the "First Name" box and the name of your club in the "Last Name" box. If you guys would be willing to do this, you cannot imagine how helpful this would be for me and will continue to assist the district and future webmasters. If your information is already listed in the format mentioned above, it just means that I have already updated your information. :)

Thank you in advance. Your assistance would be greatly appreciated.

Cyndi

Who are the Lions?



That's the question posed in a DVD produced by the University of Surrey which traces the history of Lions in our Multiple District from its beginnings in 1950.

Superbly narrated by actress Penelope Keith (pictured) who gave her services voluntarily, the video touches on the origins of the Lions

movement in 1917 when Melvin Jones set up the first Club in Chicago having observed that businessmen (and it was only men in those days of course) could use their drive, initiative and talents to help others less fortunate, thus giving birth to the principles of Lions which survive to this day across the world.

In her voice-over Miss Keith outlines the coming of Lions to what was to become Multiple District 105.

"In wasn't until after the Second World War that Lions reached our shores.

"During the war Canadian servicemen posted to London were appalled by the conditions the children of the Blitz were living in. Not only were their fathers fighting overseas, and their mothers working in factories, but the children had to deal with poor food, few clothes, constant danger and many of their homes being destroyed around them.

"Through the Lions Clubs in Canada the servicemen raised funds to help, and were expecting the Lions Clubs in England to distribute them. Unfortunately, there was a small problem- there weren't any!

"So instead the Queen Mother, at that time Queen Elizabeth - who was Patron of the Church of England Children's Society, arranged for the Society to distribute the funds on behalf of the Canadian Lions."

The story goes on to record how after the war

Queen Elizabeth was so grateful to the Canadian Lions that she

sent her Equerry, Colonel Edward Wyndham (later Lord Leconfield) to

Canada to thank them for their help. During

his visit he was invited to Chicago to visit the Headquarters of Lions Clubs International and to see what Lions was really all about.

"He was so impressed by what he saw that soon after he returned to England he set up the first Lions Club in the British Isles and Ireland in 1950 now known as the London Host Club."

Grainy black and white footage of the time shows the venue for the very first meetings of this prestigious new Club, the Criterion Restaurant above the Lillywhite's building in Piccadilly Circus in London's West End.

Tribute is paid in the film to Helen Keller 'an inspirational author, political activist and lecturer who had become blind and deaf at the age 19 months through illness' and recounts how she addressed the 1925 Lions International Convention where she issued her famous challenge to Lions worldwide to 'become Knights of the Blind in the Crusade against Darkness.'

The film, which no doubt has been seen in every Lions Club throughout the British Isles and Ireland, goes on to record the many achievements of the Lions of MD105, including their work, in the spirit of Helen Keller, in alleviating preventable blindness, fund raising in the aftermath of the terrible Asian Tsunami, work in Bosnia/Hergovina to save the lives of children and babies, Message in a Bottle, Special Olympics, Medic Alert and the multitude of local Club activities such as fun days out for needy and disabled people, fireworks, and care for the elderly.



1 LEFT TO RIGHT:
Melvin Jones,
deprivation in London,
Helen Keller. **BELOW:**
A child of the Blitz,
Queen Elizabeth in the
East End, the first
Lions meeting place.



District Student Speaker Foundation Trustee

Hi District 4C-2 Lions Clubs! In case you haven't heard District 4-C2, Ukiah Redwood Empire Student Speaker Indigo Funk won the final MD-4 contest! He will have a total of \$21,000 set aside for his educational use from the Student Speaker Foundation. The breakdown is \$10,000 from the final MD-4 contest, \$6,500 from the Area 2 contest and \$4,500 from the District 4-C2 Contest.

This district has been fortunate in that last year we also had a Speaker, Skye Hawthorn that went to the final contest. He did not win but still collected \$11,000 from the Student Speaker Foundation. Two years ago, the speaker from Valley of the Moon Lions won all the way through the final MD-4 contest, also collecting a total of \$21,000 from the Student Speaker Foundation.

The Student Speaker Foundation gives out a little over \$103, 000 each year in scholarships. Unfortunately, the foundation can not continue to give out scholarships at the same rate without financial support from the districts. In the last eleven months districts throughout the state have donated \$66,774. Districts were listed with their donation amount in the MD-4 Council of Governors meeting booklet last weekend and District 4-C2 has given the least amount of money in the state for the last two years.

While \$66,774 is a large sum of money, it is not enough to cover the scholarships given out in a year. I am asking that all of our clubs consider making at least a \$100 donation to the Student Speaker Foundation, ideally to be received before the start of the new year on July 1st. Students have benefited so much from the Foundation and we have given so little back for future speakers. I know that clubs work hard for their money and have so many requests, but the Student Speaker Foundation needs donations in order to continue to provide the contest scholarships. Donations Should be made payable to the "4th District Student Speakers Foundation, Inc." and sent to: Chris Ohrmund, PDG, 331 Spur Trail Ave., Walnut, CA 91789.

Thank you for considering this request.

Beverlee Block,
District Student Speaker Foundation Trustee

GRAVENSTEIN LIONS

President's Message

I am relishing the thought of becoming IPP (Immediate Past President) in just 5 more days! After two years as your President I am stepping down to make room for a new generation of club leaders as Lion Scott Keogh becomes our new President and Michael Stanford steps into the First Vice President slot on July 1st. Congratulations to both of you!!

I am pleased that we were able to get a local resident the opportunity for cataract surgery by the Lions Eye Clinic in San Francisco! Sally had surgery and is very thankful for our help.

In a few days we're underway with our annual Fireworks fundraiser. Thanks to all who are lending a hand! We will end July with the Official Visit from District Governor Les Mize who will speak of the International Convention, his goals and install officers and new members. Plan to invite a friend to the July 26th meeting.

WE SERVE! Let's keep it up!!

Stan Ramondo, President

KUDOS, KUDOS:

To everyone who helps keep our club active. Keep up the good work!!

To all the Lions who helped select Brenna Whitehead and Alonda Gomez as our 2017 Laguna High School scholarship winners and Mike Mortensson who presented the award at graduation on June 2.

To Stan Ramondo and Don Canardo who have been busy organizing our Fireworks Booth which opens on June 28th.

IN ADVANCE TO All Lions and Friends who are staffing our FIREWORKS BOOTH!

**June 26 – THAT is MONDAY! And is Fireworks Booth Setup night with pizza to follow!!
Be at the Safeway parking lot at 5:30PM.**

SPECIAL NOTE: June 28 thru July 4 is our annual Fireworks Booth Sales. This is our BIG FUNDRAISER and all hands are needed!! Watch for updated signup sheets!



Next page

July 12 - **Board meeting at 6:15PM.** Social at 6:45PM. Regular meeting at 7PM.
Program is on the Gravenstein Lions Goals for 2017-2018.

July 22 (Saturday) – Club project of packaging food for Redwood Empire Food Bank from 9A-12P at the REFB office near the Sonoma County Airport , **3390 Brickway Blvd., Santa Rosa.**

July 26 – **Official Visit by DG Les Mize. Bring a guest for social at 6:45PM. Meeting starts at 7PM. After dinner we will hear from DG Les who will also install our 2017-2018 Officers and induct new members Michael Carnacchi and Bryan Buchanan!**

BI-MONTHLY MEETINGS – PLEASE REMEMBER

Call ahead to reserve your dinner - Lion Chef for July 12 is pending. We are planning to have the July 26 meeting catered by Ceres Project. Let Mike Mortensson know how many you'll be bringing to dinner on July 12 and 26.



Val Johnson gets check from President Stan Ramondo to send her 2 sons to Lions Camp Pacifica

Hi Lions,

Can you get this out to the clubs in your zones and regions please? Indigo Funk was supported by the Ukiah Redwood Empire Lions club! All 4 contestants were excellent and nobody would have been able to say who won, so waiting for the judges and the result was very tense! Great job by everyone!

Please also remember Lion Beverlee Block has been the MD4 Student Speaker chairperson this year, and has done a really good job! She became District Lion of the Year, but unfortunately couldn't get to Redding for the convention because of how busy she's been with the contest. So shortly before the contest started, I told her she was the winner! She had a very good day on Saturday!!

Audrey/DG/C2



The Lions Eye

A Publication of the
Lions Eye Foundation of California-Nevada, Inc.



Spring 2017

Living With Keratoconus - Basilio's Story

Mr. Basilio Zamudio is a strapping 38 year-old sheet metal worker from Santa Rosa. Basilio remembers learning about his visual condition while attending high school as he was struggling with his schoolwork. A visit to a local eye clinic confirmed the presence of keratoconus. Keratoconus is a progressive eye disease in which the normally round cornea thins and begins to bulge into a cone-like shape. This cone shape deflects light as it enters the eye on its way to the light-sensitive retina, causing distorted vision.

Mr. Zamudio was fit with contact lenses in an effort to slow down the progression of the condition. However, by the time he graduated high school, his vision had become much worse and he fell into a deep depression. After struggling for more than a decade at work, he was referred to the Lions Eye Foundation by Vista Family Health Center in Santa Rosa and the Santa Rosa Host Lions Club. "I had always been too scared to ask for help, I thought it would be just another rejection," stated Basilio. "But help was available and it changed my life. For the first time, I had hope for better vision." Basilio said that discovering that people who did not know him, yet cared for him, was a profound turning point in his life. He suddenly saw a future and a reason to try harder at both his work and personal life.



Basilio Zamudio

Keratoconus is the most common corneal dystrophy in the US, affecting one in every 2000 Americans and is the cause of about 16% of corneal transplants. Keratoconus can occur in one or both eyes and often begins during a person's teens or early 20s. This can be a devastating diagnosis to someone in early adult life.

As the cornea becomes more irregular in shape, it causes progressive nearsightedness and irregular astigmatism to develop, creating additional problems with distorted and blurred vision. Glare and light sensitivity may also occur. Often, keratoconic patients experience changes in their eyeglass prescription every time they visit their eye care practitioner.

What Causes Keratoconus? Keratoconus is often associated with overexposure to ultraviolet rays (from the sun), excessive eye rubbing, or a history of poorly fitted contact lenses creating a chronic eye irritation. New research suggests that the weakening of the corneal tissue that leads to keratoconus may be due to an imbalance of enzymes within the cornea. This imbalance makes the cornea more susceptible to oxidative damage from compounds called free radicals that cause the cornea to weaken and bulge forward.

Diagnostic Testing: At the Ophthalmic Diagnostic Services, the testing department at the Lions Eye Clinic, Mr. Zamudio had extensive corneal topographic mapping using a sophisticated instrument called the Pentacam Scheimpflug Anterior Segment Analyzer. Slit Lamp Biomicrography (digital images of the corneal layers) provided solid photographic documentation of the pre and post operative state of the patient's cornea. All of these tests are provided without charge to our patients.

Basilio had his first cornea transplant through the Lions Eye Clinic and is doing well. "After surgery, I could not believe the light! So much more light was coming into my eye and I could see better," exclaimed Mr. Zamudio. "My doctors are slowly removing the stitches, and I am looking forward to even better vision. Once this eye heals, I would like surgery on my other eye".

"I really feel like I am in heaven here on earth. I have a much better attitude. I think positive things about people, and with this positive energy I have been trying to volunteer and give back. Being positive and giving back to help others gives me such a calm and peaceful feeling," stated Basilio. "Thank you Lions!"

Mission Statement: "The Lions Eye Foundation preserves and restores the gift of sight by providing free ophthalmic examinations, operations and medications to the less fortunate members of our community."

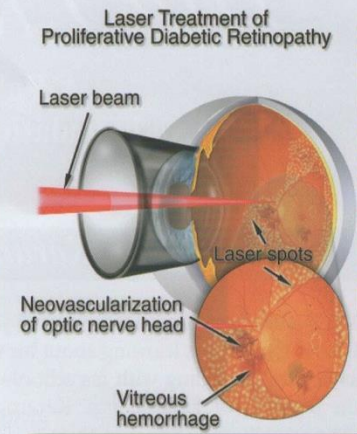
Retinal Lasers in the Lions Eye Clinic - by Judy Chen, MD, Retina Fellow

Lasers are used in a wide variety of retinal diseases, including diabetic retinopathy, retinal vein occlusions, macular degeneration, retinal tumors, and retinal tears or detachments. In diabetic retinopathy and retinal vein occlusions, blockage of blood flow into the eye, either from chronic hardening of the arteries from elevated blood sugars or a blood clot, results in widespread loss of blood flow to the peripheral retina. This ischemic retina sends out signaling molecules, such as vascular endothelial growth factor, which induces the growth of new blood vessels in a process known as neovascularization. However, these new blood vessels are very fragile and can often bleed or cause scarring, both of which can lead to vision loss. Ablation of the peripheral retina with laser treatment can prevent or reverse these blinding complications. In tumors of the retina, laser therapy can be used to cut off the blood supply to these lesions, causing shrinkage or even complete resolution without the need for surgery. Lastly, laser can be used to barricade or wall-off retinal tears or small retinal detachments in the clinic, preventing patients from developing vision loss or needing surgical intervention.

Although laser treatment has been widely utilized for over 50 years, the recent development of semi-automated pattern retinal photocoagulation lasers have revolutionized the way we treat these conditions. The Vitra laser, which was recently so generously donated by the Lions Eye Foundation to the eye clinic, is one of these premium laser systems. These systems are able to create well-aligned grid patterns of 4 to 25 spots with a single press of the foot pedal. Because these spots tend to be smaller, more homogenous, and less intense, they have many advantages over traditional laser including: less treatment pain, faster application, less inflammation, improved targeting of small lesions, and less risk of enlargement of the laser burns over time.

Over 70% of the patients seen in the retina clinic have diabetic eye disease, so management of diabetic retinopathy is the most common indication for laser treatment. Diabetic retinopathy, a sight threatening complication of diabetes mellitus, is currently the leading cause of irreversible vision loss in working-age adults in the United States. Most patients are referred with proliferative disease, meaning they have active neovascularization, or growth of anomalous new blood vessels, which often bleed and can cause severe loss of vision. Laser therapy is applied in the periphery around the optic nerve and the central part of the retina, known as the macula, as shown in the schematic. This reduces the overall oxygen demand of the eye and induces regression of the neovascularization and prevents further bleeding. With this treatment, many patients' vision can be saved.

Despite advances in medicine, laser is still the gold standard treatment for many conditions that affect the eye. Without this capability, we would be doing a great disservice to our patients and would be unable to appropriately train our resident physicians. We appreciate the support of the Lions Eye Foundation in helping us to provide the best care to these underserved populations.



CPMC Resident Dr. Sam Reiter

Sam Reiter, MD was born and raised in Santa Rosa, California. He studied History at UCLA, where he worked in a multiple sclerosis lab and had the opportunity to volunteer in rural Sri Lanka, an experience that ignited his passion for international health. He gladly returned to Northern California for medical school at UC Davis, where he further pursued global health and ophthalmology with the help of amazing mentors. During an elective year, Sam led a team to Nicaragua to work in a rural community clinic, and also spearheaded a research project on the role of cooking smoke in cataract and pterygium formation in Nicaragua. He then volunteered in Bhutan where he saw firsthand the staggering prevalence of preventable blindness in the developing world, confirming his decision to become an ophthalmologist.

Sam hopes to devote his career to people who lack access to adequate eye care in his community and abroad, and is therefore thrilled to be training at CPMC. He is passionate about the role of nutrition in health, utilizing his pre-residency research time to establish a diabetes education program at the Lions Eye Clinic. Sam enjoys getting outside whenever he can to play soccer, run, hike, bike, and explore all things Bay Area. He also loves cooking, farmers' markets, reading, traveling, and most of all his family, friends and dog.



Dr. Sam Reiter

“If you can dream it you can do it.”

June 25, 2017

Fellow Lions of 4-C2,

As you read this, I will probably be wrapped up in the festivities of our 100th Lions International Convention in Chicago. Our newly elected International President, Naresh Aggarwal from India, will officially install me as your district governor.

On June 17, at the Earl Baum Center in Santa Rosa, we were so proud to bring an outstanding training session to our district. 43 Lions were in attendance, representing over 20 clubs in our district. It might be a record.

I feel with the feedback from the attendees, that it was well received and most everyone left with more useful knowledge of Lion's to help serve our communities. I have to thank Berry Fredenburg for organizing the training sessions and the entire team consisting of newly elected multiple district leaders – GMT PDG Buck Larsen and GLT PCC Liz Crooke, with district GLT coordinator Barry, and GMT coordinator Sandra Stevens. As well as Cabinet Secretary Cyndi Wainwright and Region Chair Bob Wainwright. Food is also part of our energy to learn and serve our communities. Many thanks to Lion Marjean O'Neill of the Cotati Lion's Club, for her outstanding culinary skills, as she provided us with a variety of food to satisfy our various food and dietary needs as we took a brief break in the over 100 degree weather.

Region chairs, zone chairs, presidents, secretaries, and treasurers all received training in their respective positions. PCC Liz Crooke provided a conflict resolution program, which was over the top, followed by a brief presentation on LCI Forward, which will kick-off immediately, by MD4 GMT PDG Buck Larsen.

I hope to have training sessions throughout the year in our various regions with our rolling GLT and GMT teams. Please request, so we can set a date.

I spent some time on my goals for the year. Yes, nothing new, but we need to continue to grow. I plan on an increase of district membership of 150 members. This is not an unrealistic goal, as I plan on at least 3 new clubs.

Con't.

This alone will generate between 60-90 new members. We do have some aging clubs in our district and we need to help them recruit younger members to continue to grow their clubs, and at the same time continue to serve their communities. At our recent convention in Redding, we saluted 34 Lion members of our district whom have moved on to the afterlife. This loss represents a good percentage of our membership. Please take care of yourselves and get your routine doctor check-ups and follow your doctor's orders. Since I announced my intent to run for 2nd VDG a couple of years ago, I have had a triple bypass, lost 30-40 pounds, received hearing aids, had cataract surgery and now feel like the bionic man. Let's all stay healthy and soar through the next 100 years of Lion's International.

Your 1st and 2nd VDG were also at the training sessions. VDG Barry Bialkoski and 2nd VDG Mike O'Neill are a vital part in our year of growth. We all seem to be on the same page as far as the success and future of our district. We do have some clubs in our district with less than 15 members. Let's work on an increase of at least 1 or 2 new members in all clubs and try to bring the 12 clubs of less than 15 to reach that 15 member goal or beyond.

I will be returning from Chicago on July 5, and look forward to visiting all the clubs during my year as governor. I want to share my experience at the International Convention as well as learn about how your clubs are serving your community.

See you real soon!

District Governor Les Mize



MC KINLEYVILLE LIONS



McKinleyville Student Lion Elizabeth Wainwright received the District 4-C2 Student Lion of the Year Award. Elizabeth, now 16, has been a Student Lion for eight years. She is wearing her tiara and sash because she was crowned Miss Humboldt County Civic Club Princess in December 2016 for all of her volunteer work in the community. The way that her folks got her to the convention without her knowing that she was going to receive an award was to let her know that there would be visiting Lions dignitaries from Nebraska so this would be an appearance opportunity. This photo is with her grandparents, Bob and Cyndi.



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Elizabeth

What is the “Redwood Lions Memorial Foundation”?

The “Redwood Lions Memorial Foundation is a 501-C3 foundation that was set up in District 4C2 as a District project. The foundation consists of two separate funds, the “Investment” fund and the “Disaster relief” fund.

The “**Investment**” fund consists of monies that have been donated by individuals and corporations and this money is invested in dividend stocks, mutual funds and bond funds. The Dividends raised are used to support the Earle Baum Center, Lions Clubs and individuals in our district. This fund presently raises approximately \$25,000 per year with 75% being donated to various causes and 25% being re-invested.

The “**Disaster relief**” fund is monies received from Lion Clubs and individuals and is directed to immediate disasters, such as “the Valley Fire” and “the Clayton Fire” and other district needs . This money is not invested but is used to help victims immediately. Last year we received \$46,832.07 for the Valley Fire and spent over \$48,000.00 to help victims of this terrible disaster. So far this year we have received a \$10,000.00 grant from LCIF and we are working with the clubs around “South shore” to help people in need in that area. Any monies that clubs wish to donate to RLMF for our “disaster relief” fund shall be applied 100% to help those victims and other club needs in our district.

One of our major projects that we support is the “Earle Balm Center”. We spend approximately \$10,000.00 each year helping the center with its vision projects. Last year we purchased a “multi use” printer (\$6795.00) that can be used by office personal as well as those that are visually impaired. The visually impaired can access, text to read, and use the available technologies to help them utilize the advantages of this machine.

We also spent \$ 2600.00 to upgrade the center lighting this last year.

We received a \$10,000.00 grant this year to be used for the “Quest” program in the Roseland school area. That money is now being applied as specified in that grant.

We plan to continue our \$10,000.00 donation each year to “Earle Balm Center” and appreciate any assistance from Clubs in District 4C2 to help us reach that goal. Our “Redwood Lions Memorial Fund” is also ready to assist Clubs in our district and we welcome any charity money it receives from clubs to help in that effort. If your club has charity monies in your budget and wish to help, please contact any member of the board of RLMF and they will be glad to assist you.

BOARD MEMBERS: (locate in district directory)

Barry Bialkoski – President

PDG Phyllis Rogers – Vice President

PDG Robert Reuther – Secretary

PDG Claude Schwarz – Treasurer

PDG Buck Larson – Director

Bob Zie - Director

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What's Happening

All District 4-C2 information is sent out to the members in the district bulletin

The “Blue Print”

SIGN UP TODAY

CONTACT

Lion Cyndi Wainwright

Webmaster@district-4c2.com



You can receive your own copy the beginning of every month.

To keep in contact with the district send your E-Mail address to the Blue Print Editor.

If you change your address please let us know.

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Very important to keep up with District 4-C2 Happenings

If you are not receiving the “BLUE PRINT” send your Name, Address, Club and E-mail address
to the **District Webmaster Ann Nolen** Most of the District Information is sent out to the members
by the District Bulletin and the Web. It is important that the members know what is going on in District 4-C2
And Beyond

The next eight pages below are Full Page Ads.

The Rio Vista Lions

Proudly congratulate

Lion Audrey Wottrich and support her as



**District Governor For
District 4-C2 for 2016 - 2017**

**The San Rafael Las Gallinas Lions proudly
congratulate and our support Les Mize as the
First Vice District Governor for**



District 4-C2 for 2016 - 2017

Second Vice District Governor



Barry Bialkoski

District 4-C2 for 2016 – 2017



IPDG Phyllis Rogers wishes to thank District 4-C2 for her
Extraordinary year and congratulates incoming
District 4-C2 Governor Audrey Wottrich for a great

2016 - 2017

PDG Buck Larson

And the Cloverdale Lions Club congratulates



PDG Buck Larson and the Cloverdale Lions Club congratulate District 4-C2 Governor Audrey Wottrich and wishes her a very successful 2016 - 17.

**The Committee to Elect
Lion Denny Grotrian
International Director for Lions
Clubs International**

Congratulates District Governor Audrey
Wottrich

1st VDG Les Mize

2nd VDG Barry Bialkowski

Cabinet Members and the Lions of District 4-C2

Best wishes for a successful 2016-17



*If it is to be; It's up
to me!*

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[More great pics next month.](#)