## "THE BLUE PRINT"

#### **Official Bulletin of District 4-C2 Lions**

**SEPTEMBER 2017** 

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#### Les Mize



#### "If you can dream it, you can do it"

Volume # 17 Issue #2 LIONS INTERNATIONAL OBJECTIVES TO CREATE and foster spirit of understanding among the people of the world. TO PROMOTE the principles of good government and good citizenship.

TO TAKE an active interest in the civic, cultural, social and moral welfare of the community.

TO UNITE the clubs in the bonds of friendship, good fellowship and mutual understanding.

TO PROVIDE a forum for the open discussion of all matters of public interest; provided, however, that partisan politics and sectarian religionshall not be debated by club members.

TO ENCOURAGE service-minded people to serve their community without personal financial reward, and to encourage efficiency and promote high ethical standards in commerce, industry, professions, public works and private endeavors.

1	Cabinet Officers. Bulletin index.	27.29	Visitation Reports Forms
2.3	Governors Article "If You Can Dream"	30.	Gravenstein Lions
4.	Corks Forks and Kegs	31	Choose the Membership
5.	Fortuna Eel River Lions	32.	Charlie Rogers
6.	Ferndale Lions	33.34	International President
7.	Garberville Lions. Student Lion Elizabeth W.	35.	Time To Act
8.9	Eureka Host Lions	36.42	Sponsors Ads
10.	Ferndale Lions		
11.	Montgomery Village		
12.	<b>Redwood Lions memorial Foundation</b>		
13.	Santa Rosa Host Lions		
14.	Las Gallinas Lions		
15.23	Diabetes Screening		
24.25	LCIF Newsletter		
26.	Dixon Lions		

Any spelling, punctuation, or typographical error found in any document does not in any way change or eliminate the intent of the document

### "IF YOU CAN DREAM IT, YOU CAN DO IT"

Fellow Lions,

Thank you for your attendance at our recent Cabinet meeting in Corte Madera, August 26, 2017.

We had a great turnout and wonderful program. I saw a large number of first-timers at the meeting and hope they and others will continue to attend; we only meet 3 times a year plus our May convention. I plan to continue with meaningful programs that will provide ideas and suggestions, which you can take back to your clubs

I was pleased to have Graham Forder of the Las Gallinas Club provide information on his four Lions In Sight missions which he organized and attended over the past two to three years. These missions gave him the idea that this was something that was needed right here in 4-C2. He went on to explain that two years ago the Marin Region and the Redwood Lions Memorial Foundation put on a very successful vision screening program in November 2015. This was so needed in our community and was so well received that he is planning another on October 29, 2017. Information can be found on our District 4-C2 website. One of my goals for our District is that all our 4-C2 Regions consider doing the same thing. Lion Graham is available to answer questions and concerns regarding this screening project and will be more than happy to have you participate and/or visit the October 29<sup>th</sup> screening. Remember "We Serve", Why not bring a prospective member to see what we do.

Lion Beverlee Block, our Student Speaker Chairperson and Student Speaker Trustee, spoke on both the contest itself as well as how the prizes to students are funded. She is in the process of getting help and participation in a dinner-dance to be held at the Windsor Community Center on December 9, 2017, proceeds go to the Student Speaker Foundation. Remember, we have had participants in the Finals for the past ten or so years, with First Place in the last two out of three years. Watch the Blueprint and our website for more information. Thank you, Beverlee, for your continued work on this great program.

I want to extend a thank you to PDG John Posey for his great program on the Lions Eye Foundation. Lion PDG John is in his second term as President of the Eye Foundation and many others of our District hold various positions in the organization. Our District continues to outnumber other Districts in referrals as well as financial support to the Lions Eye Foundation. So, many thanks to John and all the other Foundation team from 4-C2.

I also thank PDG John Posey, with the assistance from PDG Frank Seidel and PDG Kertice Poon for an outstanding installation of our District officers for the 2017-2018 year.

First VDG Barry Bialkoski gave an exceptional talk on Diabetes awareness. It was very timely, as Lions International has named this as one of the new programs to be started throughout the world. Barry will keep our District aware as materials come down from Lions International.

Thank you to President Fred Casissa and the Corte Madera Lions Club for the use of the facility and providing a delicious lunch. Our next Cabinet meeting will be November 18, 2017 at Cobb Mountain. Please mark your calendar.

By the time you are reading this month's Blueprint, I will have visited over half of the clubs in our District. This is probably the most rewarding experience a District Governor could have. All clubs have been warm and welcoming. I have been able to hear about their Club and what they are doing in their communities. I have found that no matter the size of a Club, they are all serving their communities. I look forward to visiting the rest of our Clubs within the next few months.

See you real soon, DG Les

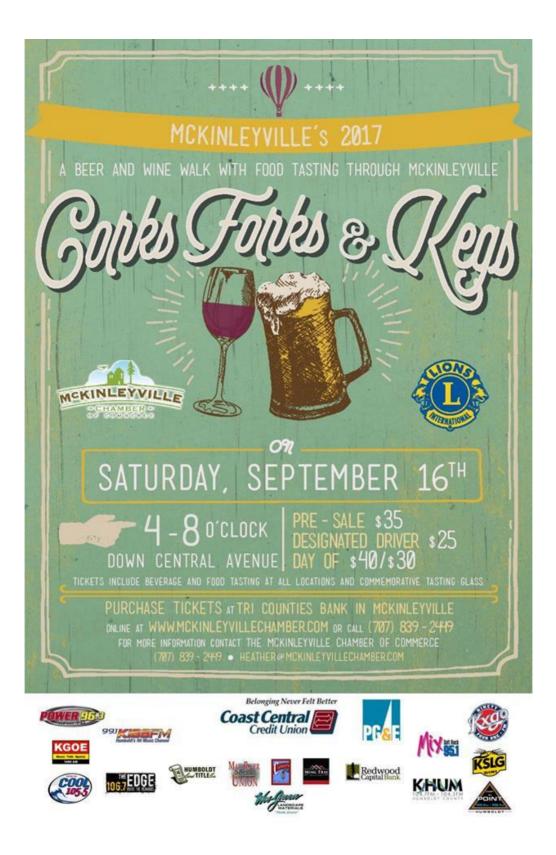
#### "SPECIAL MESSAGE TO OUR PRESIDENTS"

As each of us assumes our various positions in our organization, we must remember that our mission is "We Serve." As we take on our role in our various positions we must trust and feel that those working under us are doing the job they committed to. We, as leaders, must let the fellow Lions serving in their positions do their job and fulfill their respected responsibilities.

Choose or appoint someone you have faith that they can do the job. You do not have time to be holding hands with each chairperson, so unless you actually see problems leave them alone and let them do their job. We will all grow and prosper with this approach. We want to retain members, not see them exit.

DG Les





The McKinleyville Lions club is partnering with the McK Chamber for this 3rd Annual event. There will be 17 tasting locations with food tastings as well as an assortment of alcoholic and non-alcoholic beverages. All locations are on Central Ave. and there will be three hayrides to assist with travel between locations.

#### FORTUNA EEL RIVER LIONS



DG Les poses with 42 year Lion Andy Erickson, holding a Lion that was given to him in 1988 by then DG Jim Kraus, and two year Lion Joyce Erickson, holding a Lion that she bought in Hawaii in 1977



DG Les Mize with Fortuna Eel River Lions. Members Joyce Erickson, Andy Erickson, Monica Marinez, Mj Goble, Forrest Conley and Jessica Harris

#### **FERNDALE LIONS**



DG Les Mize presented Jim Moranda with Melvin Jones Award. Jim was recognized by the Ferndale members for his 44 years of dedicated service.

## ALL PICTURES ON PAGES 5-10 TAKEN ON THIS OCCASION

District Governor Les Mize recently made the trek to the northern most end of the district to visit with six of the seven clubs in the region.

Thank you Webmaster Lion Cyndi for this article

#### **GARBERVILLE LIONS**



DG Les with Garberville Lions. Members: Carlene Puskarich, Tom Puskarich. Rich Thompson.



McKinleyville Student Lion Elizabeth Wainwright welcomes DG Les to his visitation.





DG Les inducted Eureka Host Lion Angela Clower and presented sponsor Roger McCort with a certificate and special Centennial Sponsor pin.



Zone 2 Clubs present DG Les with gift made out of curly redwood to remember Humboldt.



McKinleyville Lion Marie Ruth made Lion cupcakes and cookies for dessert.



DG Les with Ferndale members Dave Griffiths, Merideth Renner, Bonnie Griffiths and Jim Moranda

#### **MONTGOMERY VILLAGE LIONS**

## Just a reminder, there is no meeting on the 5th of September!!!

August started off with a bang. Our lions club performed admirably with short notice when we cooked pancakes for the 20-30 Club's "Back to School Event" held at Codding town Mall August 8th. This is a wonderful event which benefits about 225 underprivileged kids with school supplies plus wellness check-ups and more . Bob Zie, Bernard Ciernick, John Delorenzo (Bernard's friend) and Mike Bell had the pleasure of flipping these hotcakes. Next year we hope to have are Vision Screening Booth on site to check these kids eye sight.



Here are two photos from the "Back To School Event".



What's coming up: -October 8, Vision Screening at Resurrection Church -October, 13th MVLC Fund Raising Dinner, Date to be Announced -October 29, Pancake Breakfast for Resurrection Church

#### What is the "Redwood Lions Memorial Foundation"?

## The "Redwood Lions Memorial Foundation is a 501-C3 foundation that was set up in District 4C2 as a District project. The foundation consists of two separate funds, the "Investment" fund and the "Disaster relief" fund.

The "**Investment**" fund consists of monies that have been donated by individuals and corporations and this money is invested in dividend stocks, mutual funds and bond funds. The Dividends raised are used to support the Earle Baum Center, Lions Clubs and individuals in our district. This fund presently raises approximately \$25,000 per year with 75% being donated to various causes and 25% being re-invested.

The "**Disaster relief**" fund is monies received from Lion Clubs and individuals and is directed to immediate disasters, such as "the Valley Fire" and "the Clayton Fire" and other district needs. This money is not invested but is used to help victims immediately. Last year we received \$46,832.07 for the Valley Fire and spent over \$48,000.00 to help victims of this terrible disaster. So far this year we have received a \$10,000.00 grant from LCIF and we are working with the clubs around "South shore" to help people in need in that area. Any monies that clubs wish to donate to RLMF for our "disaster relief" fund shall be applied 100% to help those victims and other club needs in our district.

One of our major projects that we support is the "Earle Balm Center". We spend approximately \$10,000.00 each year helping the center with its vision projects. Last year we purchased a "multi use" printer (\$6795.00) that can be used by office personal as well as those that are visually impaired. The visually impaired can access, text to read, and use the available technologies to help them utilize the advantages of this machine. We also spent \$ 2600.00 to upgrade the center lighting this last year.

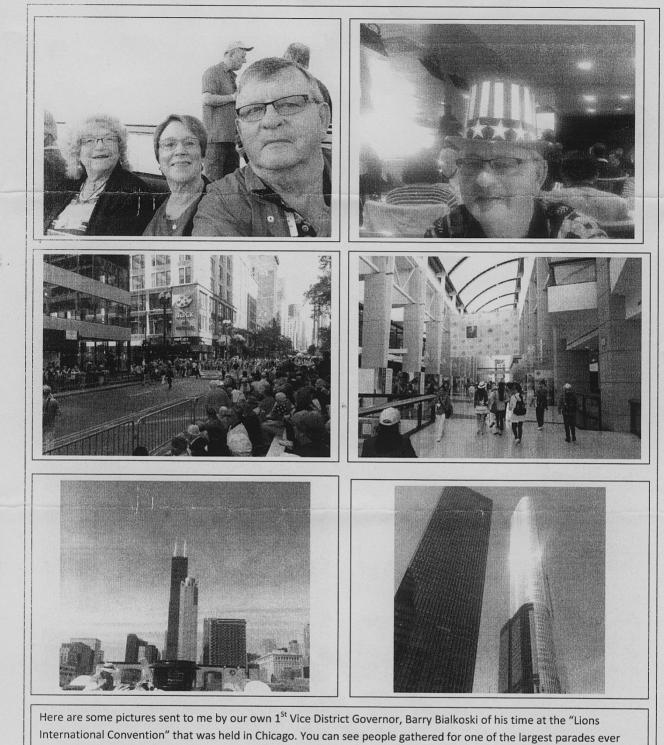
We received a \$10,000.00 grant this year to be used for the "Quest" program in the Roseland school area. That money is now being applied as specified in that grant.

We plan to continue our \$10,000.00 donation each year to "Earle Balm Center" and appreciate any assistance from Clubs in District 4C2 to help us reach that goal. Our "Redwood Lions Memorial Fund" is also ready to assist Clubs in our district and we welcome any charity money it receives from clubs to help in that effort. If your club has charity monies in your budget and wish to help, please contact any member of the board of RLMF and they will be glad to assist you.

BOARD MEMBERS: (locate in district directory) Barry Bialkoski – President PDG Phyllis Rogers – Vice President PDG Robert Reuther – Secretary PDG Claude Schwarz – Treasurer PDG Buck Larson – Director

**Bob Zie - Director** 

Copy and save this article



held in that great city as well as some of the Lions walking in the Convention Center. He also included pictures of some of the large buildings that adorn the city's landscape.



#### LAS GALLINAS LIONS CLUB PRESENTS



### THE 5<sup>th</sup> ANNUAL MARINWOOD CLASSIC CAR SHOW & BBQ

SATURDAY SEPTEMBER 16<sup>th</sup> 2017 11am – 3pm

MARINWOOD PARK ON MILLER CREEK ROAD

Swampy Tonk Music from Miracle Mule

**GREAT FOOD** 



100 Classic Cars in our Beautiful Park

VISIT OUR WEBSITE FOR SHOW INFORMATION AND CAR ENTRY WWW.LASGALLINASLIONS.COM Salanta nn SANITARY SERVICE ALOHA SEAFOOD 415.491 **Bank of Marin** and Se SY ? JENNIFER SILBERMAN'S Tarantino HARRIS-MARKS ICE CREAM SIDENTIAL BRO Red ENGINE Whale 58 Coffee IIMELD

## Diabetes Screenings

Diabetes is a growing world epidemic. Currently, 1 in 2 (46.5%) of adults with diabetes are undiagnosed. The purpose of diabetes screening is to identify asymptomatic individuals who may have diabetes and not know it, and refer them to qualified healthcare professionals for additional assessment. A diabetes screening can help detect <u>prediabetes</u> as well as <u>diabetes</u>.

## Organizing a Diabetes Screening

**Partner with healthcare professionals to carry out your screening event:** Government health departments, universities, hospitals, nurses, certified diabetes educators or private physicians often agree to perform free or low cost public screenings. They are knowledgeable about local healthcare laws and appropriate medical screening equipment and supplies to be used.

**Obtain legal clearance/permits from local authorities:** Adhere to the appropriate healthcare laws and regulations for your jurisdiction when conducting health screenings.

**Select a date and location for the screening:** Possible locations can include schools, libraries, places of worship, community centers or homes for the elderly. If your district has a diabetes mobile screening unit, you may consider reserving it for your event.

**Provide advance publicity:** Use social media platforms, newsletters and public announcements to notify the community about the date and location of the screening.

**Stay in touch with community partners** (medical professionals, manager of screening location, volunteers, etc.)

**Establish a referral plan in advance of the screening:** Anticipate your screening will identify people at risk for pre-diabetes and diabetes. Make sure those with positive screening results will have access to additional medical care and/or diagnostic tests.

## **Conducting a Diabetes Screening**

Organize and set up the screening room.

Provide free transportation for persons who lack access.

Assist medical professional partners with record-keeping functions.

Distribute professional diabetes information and <u>publications</u>.

Provide other assistance to healthcare professionals in accordance with local laws and regulations.

## Follow Up After the Screening

**Send letters of appreciation to persons involved in the screening:** This includes healthcare professionals who donated their time and expertise, community centers that provided a venue and medical companies or local healthcare providers that donated equipment and supplies.

**Provide publicity after your screening:** Let your community know about the details of your event, including the number of persons who benefited from the free public screening. Use social media to highlight your event and issue a press release or other community announcement.

• Use <u>MyLCI</u> to share information about your screening.

## Information for Diabetes Chairperson

#### **Print**

## **Organize Diabetes Service Projects**

More than 422 million people worldwide have diabetes, and this number is increasing in every country. Diabetes is a leading cause of blindness, amputations, kidney failure, heart attacks and stroke, and early death. The International Diabetes Federation estimates that by 2040 there will be more than 642 million living with the disease.

Organize diabetes service projects and activities in your area by becoming a diabetes chairperson in your club, district or multiple district. Motivate Lions to undertake service projects that:

- Support efforts leading to the control and treatment of diabetes and its complications.
- Promote diabetes awareness, education and prevention.
- Provide programs and assistance to underserved children and adults who are living with diabetes.

The club, district and multiple district diabetes chairpersons are appointed by the club president, district governor and council chairperson, respectively. By working together, diabetes chairpersons can organize effective service projects to help fight diabetes in their communities.

## **Diabetes Chairperson Responsibilities**

#### Set goals:

- Evaluate the effectiveness of current diabetes projects.
- Develop goals and an overall action plan.
- Submit the plan for the club president's, district governor's or council chairperson's approval.

#### Communicate goals and project ideas:

• Inform Lions through the multiple district and club websites, newsletters and social media accounts.

#### Incorporate new project ideas:

- Encourage Lions to share news of their diabetes projects.
- Avoid duplication of local, regional or national programs.
- Work with local health care professionals to determine community needs and provide the most appropriate services.

#### Arrange seminars and workshops:

- Provide educational resources and information on diabetes awareness, prevention and control.
- Invite health care professionals, such as doctors, nurses or certified diabetes educators as speakers to help motivate Lions to participate.
- Discuss projects that can provide outreach to underserved populations who are at high risk for diabetes or living with the disease.

#### Solicit feedback:

• Find out how to further support Lions in planning diabetes projects.

#### **Report diabetes projects:**

• Share news about diabetes projects with the multiple district or district public relations chairperson.

• Report your activities to <u>MyLCI</u>.

## **Online Resources**

A variety of resources are available to assist you in your role as diabetes chairperson:

- 25 Project Ideas for Diabetes Awareness and Action (iad475)
- Diabetes program brochure (<u>iad472</u>)
- <u>Strides: Lions for Diabetes Awareness Program</u> is a highly visible event that can engage and empower your community in the fight against diabetes.
- <u>Community resources</u>, including publications, educational DVDs and co-branded publications with the National Diabetes Education Program (USA).
- Special days and events, such as <u>diabetes screenings</u> and Diabetes Awareness Month can help to mobilize Lions throughout the district.
- <u>LCI partners and professional diabetes organizations</u> can provide additional information and resources to enhance community awareness and action.

## LCIF Grant Funding

Learn more about the Diabetes Core 4 Grant Program and the SightFirst Grant Program.

## Contact Us

Programs and Service Initatives Phone: 630-571-5466 Fax: 630-571-1692 Programs@lionsclubs.org

## Diabetes Resources

• <u>Print</u>

Lions Clubs International has developed a wide array of club and community resources for Lions who want to get involved with diabetes projects. All diabetes publications can be downloaded from the website.

## **Program Brochure**

The Diabetes Awareness and Action program <u>brochure</u> is an informational handout for Lions that encourages them to join the fight against diabetes. It provides a brief overview of diabetes and various ways Lions can help make a difference in their communities. It is an ideal handout at club or district meetings and Lions conventions.

## 25 Project Ideas for Diabetes

This popular two-sided handout (<u>iad475</u>) can be distributed at Lions meetings and conventions and contains ideas for projects that serve both children and adults.

## **Diabetes Webinars**

Visit the <u>Service Activities Webinars</u> page to access webinars on diabetes and other service activities, including:

- Lions, Get Ready for World Diabetes Day
- How To Get Involved in Your Local Diabetes Camp
- Lions, Let's Get Ready for Diabetes Alert Day

## For Community Education

Numerous materials and resources are available to Lions for community distribution. All can

be downloaded and locally printed or ordered for a nominal cost.

(NOTE: LCI requires a minimum of ten (10) business days for printed material orders.)

- **Two attractive, colorful bookmarks:** Diabetes Bookmark (<u>iad486A</u>) – Information theme Diabetes Bookmark (<u>iad486B</u>) – "Help Someone" theme
- Lions Eye Health Program (<u>LEHP</u>) The Lions Eye Health Program (LEHP), a community based education program, provides you with co-branded materials perfect for use at your community health fairs, screenings, Strides Events and more.
- Publications: co-branded with the LCI partners (USA)

Healthy Vision Starts with a Dilated Eye Exam (<u>iad448</u>)

Diabetes Program Brochure (iad472)

It's Not Too Late to Prevent Type 2 Diabetes [English only] (<u>iad312</u>) Taking Care of Your Diabetes Means Taking Care of Your Heart [English only] (<u>iad325</u>) Tips for Teens: Be Active [English only] (<u>iad309</u>) Tips for Teens: What is Diabetes [English only] (<u>iad313</u>) Tips for Teens: Stay at a Healthy Weight [English only] (<u>iad310</u>) Tips for Teens: Dealing With the Ups & Downs of Diabetes [English only] (<u>iad308</u>) Print Service Announcement: Two Reasons I Find Time to Prevent Diabetes [English only] (<u>iad328</u>)

## More Information and Resources

<u>The IDF Country Diabetes Association Links</u> (IAD 487) provides information about locating the diabetes association in your country. Additional materials and resources are available from <u>LCI diabetes partners</u>. Or, contact Programs and Service Initiatives at <u>programs@lionsclubs.org</u>.

## Diabetic Retinopathy

<u>Print</u>

LCIF assists Lions in fighting diabetes through two grant programs: SightFirst grant funding to support diabetic retinopathy programs and <u>Core 4 funding</u> support for diabetes programs.

## The Problem

Diabetes occurs when the body is unable to produce or properly use insulin—the hormone responsible for converting food into energy for daily life. Nearly 5 million deaths each year are attributed to diabetes, and long-term complications include cardiovascular disease, stroke, kidney disease and amputations.

Diabetic retinopathy, another complication of diabetes, is the result of damage to the blood vessels of the retina—the light sensitive tissue at the back of the eye. In some cases, the blood vessels swell and leak, while in others there is abnormal growth of new vessels. The disease usually affects both eyes and most often occurs in individuals who have had diabetes for many years.

### **Global Impact**

Diabetic retinopathy accounts for nearly 5 percent of the world's 39 million people who suffer from blindness, and has become a growing cause of vision loss in adults of working age (20-65) in industrialized countries. Once vision is lost from diabetic retinopathy, it cannot be restored. People lacking regular health care at retirement age and of minority background are considered most susceptible.

The number of people at risk for diabetic retinopathy is on the rise. Currently more than 382 million people have diabetes worldwide with the largest increase in recent years taking place in developing countries. Nearly half of all people with diabetes will develop some degree of diabetic retinopathy during their lifetime. After 15 years of living with diabetes, approximately 10 percent develop severe visual impairment and about 2 percent become blind.

### Treatment

Diabetic retinopathy can be avoided with prevention or good control of diabetes. Once diabetic retinopathy is diagnosed, progression of the disease and loss of vision can be reduced by 90 percent with improved control of diabetes and ongoing diabetic retinopathy treatment.

Treatment options include laser surgery to help shrink blood vessels in the retina or, in more serious cases, vitrectomy surgery to remove blood from the center of the eye. Rehabilitation and regular eye exams are critical to maximizing diabetic retinopathy treatment benefits.

## SightFirst's Work

Since 1995, SightFirst has approved US\$2.8 million for 22 diabetic retinopathy projects in 11 countries where diabetic retinopathy is a significant public health concern: Algeria, Bahrain, Brazil, Chile, Fiji, India, Pakistan, Peru, Samoa, Spain and Venezuela. The projects have been comprehensive in nature with activities ranging from public education and professional training, to screening, treatment and low vision services.

SightFirst's diabetic retinopathy accomplishments include:

- Educating more than 1.5 million people
- Training more than 2,000 professionals
- Conducting more than 23,000 surgeries
- Screening more than 140,000 patients

## **Funding Priorities**

SightFirst remains committed to combating diabetic retinopathy. Priorities for projects include:

- Identifying appropriate project sites: Sight First will continue to support the development or expansion of diabetic retinopathy screening and treatment programs at well-established diabetes and eye care clinics that target underserved communities and do not detract from existing eye care services.
- Diabetes care integration: Projects should serve those already diagnosed with diabetes, and diabetic retinopathy treatment should be part of their overall diabetes care. Also, projects should align with national diabetes prevention and treatment plans where they exist.
- High quality programming: Projects must have strong evaluative, monitoring, tracking and cost sharing components.
- Sustainable programming: Projects should include significant cost sharing in addition to SightFirst funding. Support might also include public/private partnerships and in-kind donations of human resources, consumables and facilities.
- Lions engagement: Lions should have hands-on involvement as well as opportunities for advocacy.

In general, Sight First projects must focus on the major causes of blindness on national or large regional levels. These projects reach populations who are underserved or who have limited or no access to eye health care services. The program funds high-quality, sustainable projects that deliver eye care services, develop infrastructure, train personnel and/or provide rehabilitation and education in underserved communities.

<u>Find more information</u>, including the Sight First grant application, disease-specific questionnaires and long-range policy papers.

To learn more about the diabetic retinopathy statistics found on this page, please visit the following:

- <u>World Health Organization: Priority Eye Diseases</u>
- World Health Organization: Diabetes
- Mayo Clinic: Diabetic Retinopathy
- Partnership Initiatives
- Childhood Blindness
- Childhood Blindness Project
- Special Olympics Partnership
- Pediatric Cataract Initiative
- Sight for Kids
- SightFirst China Action
- SightFirst FAQ
- SightFirst Materials
- Fighting Eye Diseases
- <u>Cataract</u>

#### Diabetic Retinopathy

- River Blindness
- Uncorrected Refractive Error
- <u>Trachoma</u>
- Low Vision
- Education and Rehabilitation
- <u>Research</u>
- Eye Health Education

## LCIF Newsletter

### An Exciting Beginning

Dear Lions,

I'd like to begin my first newsletter by saying I am very excited for my new role as chairman of Lions Clubs International Foundation (LCIF). Having witnessed the wonderful service projects that are being completed around the world, some with funding from LCIF, I am ready to serve in a whole new way by supporting our foundation.

LCIF supports life-changing service projects Lions complete all around the world, providing grant funding for your local and global humanitarian efforts. Your <u>contributions</u> to LCIF have helped people near and far by providing disaster relief, saving sight, supporting youth and meeting humanitarian needs.

This year, which leads to the foundation's 50<sup>th</sup> anniversary, we have a goal to raise US\$50 million to support Lions' compassionate service in more ways than ever. Lions show strength in numbers. When we work together, we can accomplish great things. I am confident this year will be the best year LCIF has had yet!

I look forward to my year as chairman and hope to see Lions and LCIF working hard to create positive change in our world.

Sincerely,

Chancellor Bob Corlew Chairman, Lions Clubs International Foundation

#### Lions Clubs International's Centennial Celebration at Convention

More than 30,000 Lions from all over the world arrived in Chicago last month to celebrate LCI's 100<sup>th</sup> anniversary at the International Convention. Among the many events that took place, a highlight was watching the Special Olympics – Leos "Mission: Inclusion" Unified Basketball Clinic presented by NBA great, Sam Perkins. Leos and Special Olympics athletes

participated in basketball drills and scrimmages while working together and learning more about one another.

Convention is a great time to thank the generous Lions who donated. A special thanks is in order for Melvin Jones Fellows, Progressive Melvin Jones Fellows, Melvin Jones Fellowship clubs, and those in the Humanitarian Partner program. This year, we raised one of the highest donation amounts in LCIF Convention history. Because of your contributions, communities all around the world will receive help when it is needed.

#### The Project for Elimination of Avoidable Childhood Blindness

For more than 15 years, LCIF's Sight First program and the World Health Organization (WHO) have partnered to serve more than 127 million children by working to eliminate avoidable childhood blindness. The Project for Elimination of Avoidable Childhood Blindness is an initiative that began in 2001. Since then, 51 Child Friendly Eye Care Centers have been established and supported in 50 countries within Africa, the Americas, the Eastern Mediterranean, Europe, Southeast Asia, and the Western Pacific. The centers provide preventive, therapeutic, and rehabilitative eye care services for children aged 0-15 years. To date, more than 67,000 pediatric eye care staff have been trained, more than 13 million children have been screened for eye diseases, and more than 127 million children have received treatment. There have also been nearly one million education sessions for parents, caregivers and healthcare staff. Because of your donations to LCIF, millions of children have been given the chance to avoid childhood blindness.

#### **Club LCIF Coordinators Position Update**

The <u>Club LCIF Coordinator</u> is an ambassador for LCIF at the club level and is crucial to the promotion of our foundation. This person shares LCIF stories, motivates fellow Lions to support LCIF, and enables LCIF to advance its humanitarian work both locally and globally. Club LCIF Coordinators will be equipped with resources that will allow them to champion the goals of the foundation to Lions. A new policy has been put into effect to help fill this vital role at the club level. In addition to serving as mentors to the club president and vice presidents, immediate past club presidents will now serve as Club LCIF Coordinators. If he or she is unable to serve in this capacity, the position may be filled by another club member.



# TEXAS HOLD'EM TOURNAMENT

## SATURDAY OCTOBER 7<sup>th</sup>, 2017

### 6:00 pm Cocktails \* 7:00 pm Poker Includes Tri-Tip Sandwich Dinner! Downtown Olde Vets Hall 231 North First St, Dixon, CA 95620

## **Prizes on Winning Table!**

#### **Dixon Community Fundraiser Proceeds Benefit:**

Youth Sports and Activities Elementary and Middle School Programs Dixon High School Scholarships Lions Club Vision Program

#### Donation:

### \$75 Per Person & Rebuys Available No Host Bar \* Must be 21 or older to attend

For More Information Call: Eric Arnold (530) 219-0932 or Tom Stalie (707) 344-7651 http://e-Clubhouse.org/sites/DixonCA or Facebook at Dixon Lions Club

#### LIONS INTERNATIONAL

#### **DISTRICT 4-C2**

#### **Individual Visitation Report 2017-2018**

 Name:
 Club:

	Club Visited	President's Signature	Date
1			
2			
		ar h	
	-		

#### Mail completed form to Interclub Activities Chairperson:

**Lion Shelly Perri** 

**431 Goblet Place** 

Windsor, CA 95492

(707) 239-0171 shellyperri@att.net

#### LIONS INTERNATIONAL

DISTRICT 4-C2

#### **VISITATION REPORT 2017-2018**

Your Club

Date\_\_\_\_/\_\_\_/

## Visitation Credit woled betellence breed

Class	Club Size	Members Needed for Visitation Credit
Α	Up to 20 members	2 members sein testico noitetiely stalamos
В	21-34 members	3 members
С	35 or more members	4 members

Windsor Lions

431 Goblet Place

Vindsor, CA 95492

Visiting Club Members

Club visited

(707) 239-0171

1	<u>6.</u>	
2	7	
3	8	
4	9	
5	10	

No. of Lions on visit\_\_\_\_\_times one way miles\_\_\_\_\_equals points\_\_\_\_\_

Signature : President of club visited. \_\_\_\_\_

Signature: President of visiting club. \_\_\_\_\_

Send completed form no later than the 5<sup>th</sup> of each monthto the Interactivities Chairperson listed below.

Visitation must be listed on the MMR to be valid. Check the District Directory for complete visitation contest rules.

**Lion Shelly Perri** 

Windsor Lions

431 Goblet Place

Windsor, CA 95492

(707) 239-0171

## shellyperri@att.net



#### **GRAVENSTEIN LIONS**

President's Message This past year, the Gravenstein Lions club has been very busy in so many different ways. A few of our projects have been: selling fireworks for donations to Non-Profits, Boy Scout T-Shirts, Student Speaker Contest, helping at the Redwood Empire Food bank, providing \$500 Scholarships to Laguna High School students, pouring beer at the Sebastopol Apple Blossom Festival, vision testing at local schools, supplying eyeglasses for those in need, being the Chain Gang at football games at Analy High School and staffing a table at a Peace town Concert. Gravenstein Lions are a great asset to our community. I would like to see our club continuing to serve in all areas of need in Sebastopol and the West County! Our membership is continuing to grow and will provide great members who are willing to serve alongside each other for others! WE SERVE!

Let's keep it up!! Stan Ramondo, President



New Sponsor

## Choose the Membership That's Right for You

Lions clubs are composed of diverse people in communities in nearly every corner of the world. That's why we offer you several ways to become a Lion – and serve. Lions clubs offer volunteer programs for college students, kids, adults and families.

- <u>Regular Membership</u>: Are you interested in volunteer programs, community service and making our world a better place? Lions Clubs International (LCI) offers community members the opportunity to volunteer locally together as a group. Members are expected to meet membership requirements such as dues set by the club and LCI. Take the first step toward membership today contact a <u>local club</u> and ask to be invited to a meeting.
- Family Membership: Looking for special volunteer programs and activities you can do with your family? Family membership allows relatives to volunteer together at a reduced dues rate. Family members must meet membership requirements, live in the same household and belong to the same club. Children cannot become members, but can participate in the <u>Cub Program</u>, which allows children under age 12 the opportunity to build a lifelong dedication to helping others. If more than one member of your family is joining a club, tell them you want to join as a family unit.
- <u>Student Membership</u>: Our student volunteer programs allow you to make new friends and help others in your community at the same time. With a student membership, your dues are reduced. If you are enrolled in an educational institution and between the age of legal majority and 30, tell the club you are joining that you would like to take advantage of the Student Member Program dues discount.
- <u>Leo to Lion Membership</u>. If you are a current or former Leo club member between the age of legal majority and through age 30, take the opportunity to receive a dues discount and continue doing volunteer work with Lions Clubs International ... as a Lion!

## Learn More About Our Volunteer Programs

For more membership information, contact our <u>Membership and New Club Programs</u> <u>Department</u>.

## Hello All,

It is with a heavy heart that I pass on to you that PDG Phyllis Rogers' husband, Lion Charlie Rogers, passed away this morning. Services are pending as Phyllis is waiting for the children to get there. Condolence cards for the family may be sent to: 256 N. Dover Ct., Santa Rosa, CA 95403





#### 2017 – 18 International President

### Upgrading Our Service to You – as a Lion

The divine in me salutes the divine in you. Welcome to our new century. My goal over the next 12 months is very simple—to reach a new level of service to Lions and from Lions. Before I ask you to reach a new level of service, Lionism will reach a new level of service to you.

So how can I serve our 1.4 million Lions? I cannot give everyone senior positions. I cannot give you money. I cannot meet all of you. However, I plan to touch all of your lives with the power to serve.

So let's examine every stage of one's Lionistic career and how I can help. The first stage is becoming a new member. When I became a new member 43 years ago, I suddenly felt as if I had left my hometown and become a man of the world. This year, I want every member to download our new mobile app. This will connect all our members on one global platform.

The next stage is beginning to serve. As a member of the Batala Smile Lions Club in Punjab, India, I was proud of how the community began to respect me. This respect depended on the number of people I served and how many people were aware of this service. We now have a new Global Service Team. Your District GST leader will identify projects that serve the maximum number of people per dollar and per hour. They will also train Lions on how to convert a normal project into a Legacy Project via Lions branding and public relations.

The third stage is aspiring for leadership. While I enjoyed rising up the Lions' ladder, I sometimes wished that our leaders focused more on work than on long speeches. A new awards system will incentivize the efforts of Lion leaders in the right direction. We plan to reward retention of members, hence keeping the focus on you—our existing members.

New awards will also be given for involving over half the club in service and for creating the most Legacy projects.

As a global leader of Lionism, I want to keep every Lion connected to Lionism. Our new Welcome Home program is an international online club for members unable to attend club meetings. Meetings and fee payments are conducted entirely online.

The last stage is now. I want to give every Lion the same goal for the next 12 months. My dream is that every Lion will serve 10 people each month. If this happens, we will serve 170 million people this year— a big increase from our current level of 100 million and a big step toward our goal of serving 200 million annually by 2020. This is the focus of all my meetings around the world.

All the best. See you as I travel around the world.

Naresh Aggarwal

**Lions Clubs International President** 



## **IT'S TIME TO ACT NOW**

#### Get your ads in the 2017-2018 "BLUE PRINT"



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#### MAIL YOUR CHECK ALONG WITH TWO BUSINESS CARDS OR ADVERTISEMENTS TO: Lion Barry Bialkoski 6061 Donna Court Rohnert Park, CA 94928

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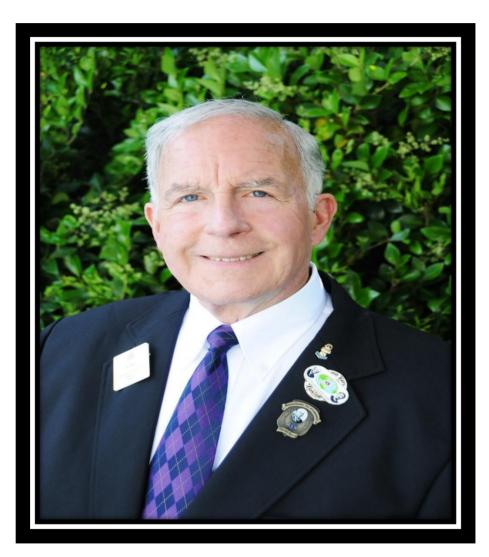
#### <u>ADS</u>

If you have paid for an Advertisement in the "Blue Print" And you don't see it. If you're Business Card information is incorrect. Contact: Lion Barry Bialkoski or Editor Andy Erickson Barryb64@comcast.net or Lionsbp.editor@yahoo.com

#### Very important to keep up with District 4-C2 Happenings

<u>If you are not receiving</u> the "BLUE PRINT" send your Name, Address, Club and E-mail address to <u>District Webmaster Cyndi Wainwright</u> Most of the District Information is sent out to the members by the District Bulletin and the Web. It is important that the members know what is going on in District 4-C2 And Beyond

# District Governor Les Mize



## **District 4-C2 for** 2017 - 2018

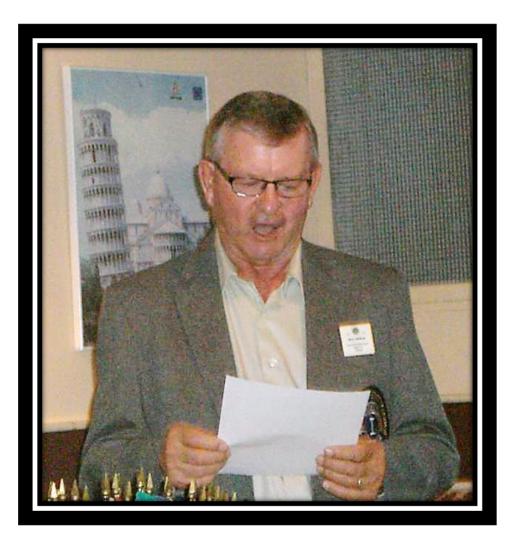
## **Rio Vista Lions**

## **Lion Audrey Wottrich**



## I.P.D.District Governor For District 4-C2 for 2016 - 2017

## First Vice District Governor



# **Barry Bialkoski** District 4-C2 for 2017 – 2018



The next five pages will probably change in September issue.

IPDG Phyllis Rogers wishes to thank District 4-C2 for her Extraordinary year and congratulates incoming District 4-C2 Governor Audrey Wottrich for a great

#### SANTA ROSA LIONS CLUB

FOR MEMBERSHIP INFORMATION CONTACT

BARRY BIALKOSKI 707-584-8412 DOUG WEBER 707-576-1066 MEETS 1st & 3rd TUES.-12 NOON CATTLEMAN'S RESTAURANT MONTGOMERY VILLAGE

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PDG Marty Van Zandt

Lions District 4-C2

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#### JOHN D. POSEY

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Lions Clubs International American Canyon Lions CLUB American Canyon, Ca 94503 DISTRICT 4-C2

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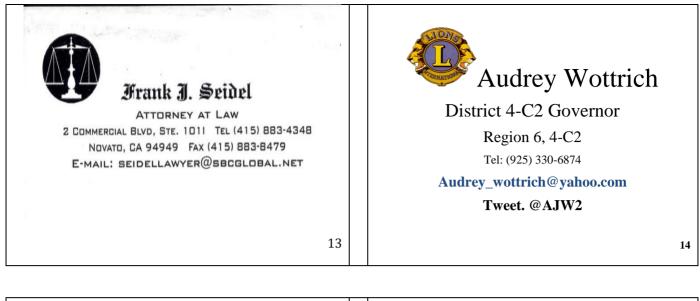
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12

11







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